



THE LEADER

Vol. 39, No. 20

Grand Forks Air Force Base, N.D. ♦ <http://public.grandforks.af.mil>

May 21, 2004

People Power

Ready



Well-trained



906th Air Refueling Squadron promotes the person behind the professional
 – See Pages 2 and 12-13 for more



319th Air Refueling Wing ♦ Warriors of the North

Inside:

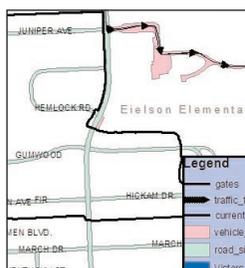
Weekend weather

Today	58/47	Rain
Saturday	63/40	Thunderstorms
Sunday	59/40	Partly cloudy
Monday	60/40	Cloudy

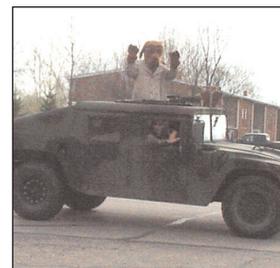


*Weather information courtesy
 319th Operations Support Squadron weather flight*

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They also serve

By Lt. Col. Sean Carey
906th Air Refueling Squadron commander

I wanted to take this opportunity to reiterate a message I previously published, due to its relative importance and my firm belief in the impact family members make on our national security. During my previous assignment at Randolph AFB, I noticed a painting entitled, "They Also Serve," hanging on the walls of the base library.

It was a '50s era depiction of Air Force wives looking onto a taxiway as century series fighters taxied by. It didn't surprise me to learn that it was part of the official Air Force art collection because of its poignant message and ability to capture the essence of its title. I was reminded of this impressive piece of art while reading an article in the *USA Weekend* publication dated March 9 to 11, 2001).

"The importance of the military family is completely underestimated in terms of national security ... there are men and women who have to do certain things, and having support behind them makes it possible for them to do it."

These were the words of Anne

Powell, 33, youngest daughter of now Secretary of State Colin Powell published in the USA Weekend article.

I cannot agree with her more – the often times unrecognized contributions made by our families to the country are immeasurable.

We are constantly asking family members to bend, twist, and contort their individual lives so that we can continue to serve in uniform. Our families experience challenges most of our civilian counterparts cannot fathom.

Spouses should take great pride in being known as a "military spouse" and its special meaning.

They provide the stability for the family. They are the ones who take on the lonely job of managing the household while we are serving away from home station for extended periods of time.

Military spouses arrange and execute numerous moves across country, away from family and friends to often-

times less than desirable locations. They are the ones who deal with the physical and emotional needs of our children under turbulent conditions. They are the ones who place their own personal career aspirations secondary to ours and to the needs of the nation.

Service before self takes on new

"We must value and recognize our wives, husbands, and children for their unconditional support and sacrifices."

Action Line

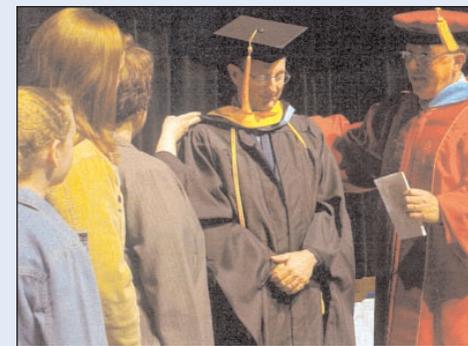
The Action Line is your avenue for information about events and activities on and around the base. For questions about current events or rumors, leave a message.

35
Consecutive
DWI-free
days

Goal is zero DWIs.

Questions will be answered in the order they are received.

Call 747-4522



Courtesy photo

Col. Mark Ramsay, 319th Air Refueling Wing commander, received a surprise graduation ceremony in late April for an Embry-Riddle Aeronautical University degree he received in the past. When Colonel Ramsay received his Embry-Riddle degree, he opted out of a ceremony and this effort was put together to honor him for the degree he received.

meaning when you consider their sacrifices and contributions.

Our children should wear the "military brat" moniker with pride. They are the ones who, we hope, will someday appreciate the value of their experiences and importance of our service to the country.

The children are the ones who are exposed to more in their formative years than many are in a lifetime. We repeatedly uproot them from their schools and ask them to give up comfortable friendships. Their ability to adapt and flourish is amazing.

If only we could tap into our chil-

dren's incredible spirit and ability to bounce back. We cannot help but respect their contributions.

While the general public's lack of awareness of the contributions the military family makes toward national security may be understandable, our ambivalence is not.

We must value and recognize our wives, husbands, and children for their unconditional support and sacrifices.

They should take great pride in all our accomplishments and in their contributions toward national security.

They may not be in uniform, but they also serve.

THE LEADER



Cover

The 906th Air Refueling Squadron is a people-oriented unit that strives to make their people to do their best both on- and off-duty. This issue of *The Leader* highlights some of those individuals in the unit who have excelled in and out of their jobs.

Photo illustration by 319th Air Refueling Wing Public Affairs

Editorial staff

Col. Mark Ramsay _____ Wing commander
Capt. Patricia Lang _____ Chief, public affairs
2nd Lt. Ashley Gee _____ Deputy chief, public affairs
Staff Sgt. Scott T. Sturkol _____ Editor/Chief, internal information
Airman Patrice Clarke _____ Associate editor

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◆**CCTV3** – E-mail: CCTV3@grandforks.af.mil, Phone: (701) 747-5023

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◆**Advertisements** – Call the Grand Forks Herald at (701) 780-1275.

319th CES provides main gate construction update

Compiled from staff reports

Reconstruction of both the main and commercial gates will begin Tuesday, 319th Civil Engineer Squadron officials said.

A new canopy with three lanes, containing a new gatehouse, and an enclosed vehicle inspection building will be constructed at the main gate.

During construction, the pass and identification office will be closed, and a temporary office will open in Sunflake housing, directly east of the main gate. A temporary gatehouse will be placed at the entrance of the main gate.

The work at the commercial gate includes a large two-lane facility for year-round indoor inspection of commercial vehicles.

Both gates have two phases of work.

At the main gate, phase one will close the north side, which is the current inbound lane. Incoming vehicle traffic will continue to enter through the main gate, but will be detoured into the southern lane.

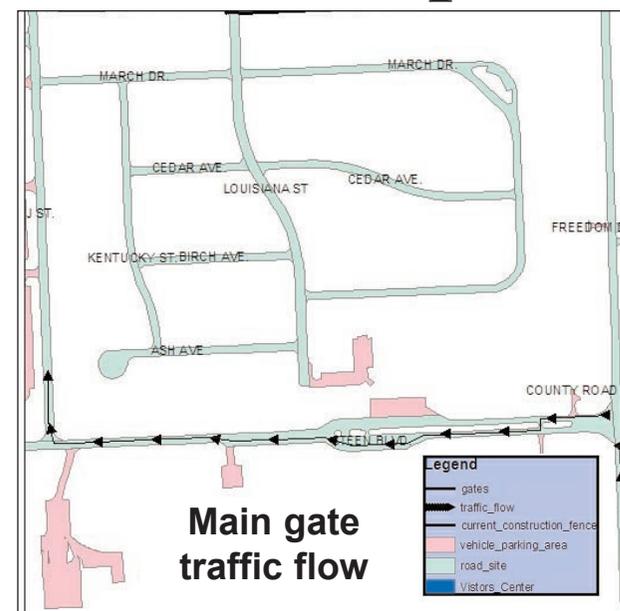
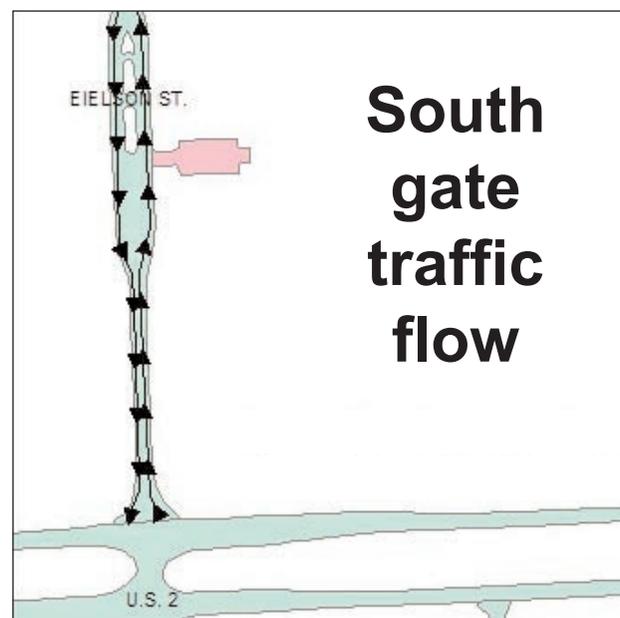
Outbound traffic will exit via the commercial, or south, gate.

During the hours of 4 to 5:30 p.m., outbound vehicle traffic may also exit through the Eielson Elementary School gate onto Highway B3.

Phase two of the main gate construction will open the north lane to inbound traffic, and close the south lane, and outbound traffic will continue to utilize the commercial gate.

Phase one at the commercial gate will construct the new commercial inspection area to the east of the gate, and will have little effect on traffic. Phase two will open the new area and close part of the existing inbound lane.

During the entire construction period, the outbound lane at the commercial gate will handle higher than normal quantities of traffic. Please use extreme caution when exiting onto Highway 2 because oncoming traffic does not stop.



Map designs by Airman Ivan Mitchell

(Above) This map shows how traffic will enter the base. (Left) This map shows how base outbound traffic will exit the base during gate construction.

For details about this construction project or others on base this upcoming summer, call the 319th Civil Engineer Squadron at 747-5069.

Briefs

Base prepares for aerial spraying of mosquitoes

According to 319th Civil Engineer Squadron officials, the 757th Aerial Spray Squadron from Youngstown Air Reserve Station, Ohio, is scheduled to conduct an aerial mosquito larvicide spraying from Monday through Thursday.

The objective of this action is reduce the potential threat of human disease caused by mosquito vectors and to reduce the mosquito-induced discomfort, hardship, annoyance, and distraction experienced by base personnel.

The spray team uses C-130 Hercules aircraft and a \$2 million dollar spray system to combat the mosquitos.

The team will be spraying Altosid, an insect growth regulator which prevents mosquito larvae from merging into the adult stage.

The larvicide spraying will reach areas that are inaccessible from the ground due to wet marshy terrain. The larvicide spraying is strictly aimed at treating the standing water.

An environmental assessment was

accomplished and a finding of "no significant impact" was determined. The spray is not harmful to humans, animals or crops.

Also the spray will not affect parklands, wetlands, farmlands and wild and scenic areas.

319th AMXS, 319th MOS changes of command

The 319th Aircraft Maintenance Squadron and the 319th Maintenance Operations Squadron are both holding a change of command ceremony today at 10:30 a.m. in the three-bay hangar.

Shuttle service will be provided for the events.

Contact your unit commander's support staff or go to <http://132.10.1.41/adminmsg/dev/messages.asp#5869> on the base Intranet for more details.

Air Force One Source and money

Whatever your income or family situation, you probably have some issues with



Photo by Staff Sgt. Scott T. Sturkol

Flower vouchers for housing residents

From Monday through June 25, the 319th Civil Engineer Squadron will be issuing flower vouchers to military family housing residents through the self-help store to improve family housing landscaping.

The vouchers allow housing residents to purchase \$20 worth of bedding plants and flowers at three local garden shops. The voucher can't be used for vegetables, trees or shrubs.

The self-help store is located at Building 418, at the corner of Tuskegee and Eielson, and is open Mondays through Fridays from 6:45 to 11:15 a.m., and from 12:30 to 4 p.m.

For details call the store at 747-3400.

money. Below you'll find 10 quick tips for getting control of your money:

Air Force One Source, an on-line family assistance tool, has a variety of resources that can help Air Force members and their families better understand their finances and offer tips for better financial management.

Log-on to Air Force One Source at <http://www.airforceonesource.com> with the user identification "airforce" and the password "ready." People can call Air Force One Source at 1-800-707-5784.

For details about Air Force One Source, call the family support center at 747-3241.

319th SFS celebrates National Police Week



Photos by Staff Sgts. Brent Fontenot and Scott Sturkol
(Above and inset) McGruff “the Crime Dog” was a special passenger during a parade through base housing areas Saturday. The parade featured vehicles from the 319th Security Forces Squadron and local law enforcement agencies.



Photo by Staff Sgt. Scott T. Sturkol
A vehicle from the Bureau of Alcohol, Tobacco and Firearms, or ATF, rolls along during the Police Week Parade Saturday through base housing.



Photo by Staff Sgt. Scott T. Sturkol
Security forces members help a child get a finger-printed identification card in the base exchange lobby Saturday as part of Operation Ident-a-Kid and base Police Week activities.



Photo by Staff Sgt. Brent Fontenot
An officer and a police dog from the Grand Forks Police Department take part in a dog demonstration Saturday.

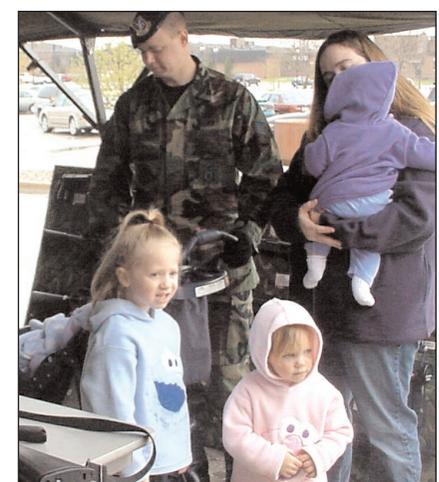


Photo by Staff Sgt. Scott T. Sturkol
A military family stopped by to view a 319th Security Forces Squadron weapons display at the front of the base exchange Saturday.

Twining holds spring carnival



Photo by Staff Sgt. Scott Sturkol

Students spin the wheel for prizes during the Twining Elementary and Middle School Spring Carnival May 14 in the school's new gymnasium. Several hundred people showed up for the event.



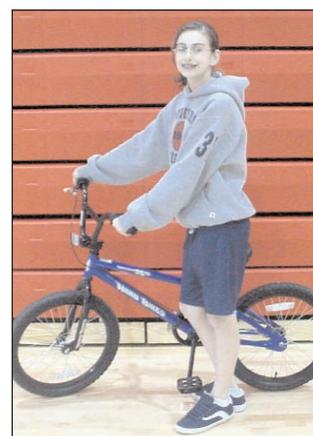
Photo by Staff Sgt. Scott Sturkol

Students watch as a teacher waits to fall into the dunk tank at the carnival.



Photo by Staff Sgt. Scott Sturkol

Andrea Hastings, Twining special education teacher, was one of the victims at the "pie in the face" booth.



Photos by Bobbi Sturkol

Seventh grade student Erika Hochheim (left), and sixth grade student Amber Fritz (right), stand by their new bicycles they won in the carnival's bike raffle.



Courtesy photo

CORROSION CONTROL IMPROVEMENTS: Charlie Crawford, Trailboss Corporation, and Master Sgt. Edward Wojcicki, 319th Maintenance Operations Squadron, supervise the corrosion control of a KC-135 in Hangar 603. On April 1, the 319th Maintenance Group signed a corrosion control program contract with the government contractor, Trailboss Corporation. The agreement includes the periodic wash of all of the base's aircraft including nine static displays in Heritage Park. On average, Trailboss will accomplish 152 aircraft and 18 static display washes a year. This new initiative will save the 319th Aircraft Maintenance and Maintenance Squadrons more than 9,000 labor-hours in corrosion control efforts a year and will allow the better employment of technicians in more skill intensive tasks.

More photos from around base



Photo by Tech. Sgt. Anthony Tyrell

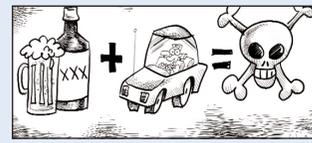
RETIREE APPRECIATION DAY – A wing aircrew member shows military retirees the cockpit of a KC-135R Stratotanker during the base Retiree Appreciation Day May 8. Military retirees and their families were treated to a continental breakfast, lunch, an information and health fair, and a tour during the day's activities.



Photo by Tech. Sgt. Anthony Tyrell

BUILDING 101 RIBBON CUTTING: Col. Mark Ramsay, 319th Air Refueling Wing commander, slices the ribbon during the ribbon cutting ceremony for Bldg. 101's renovations May 13. The building is home to the military personnel flight, the 319th Mission Support Squadron, the 319th Comptroller Squadron, and the traffic management office.

**If you take that drink,
don't get behind the wheel.**



For a free, safe ride home, call Airmen
Against Drunk Driving at 740-CARE (2273).
Rides are open to all Air Force members
and Department of Defense employees.

OSC scholarship committee chair highlights recipients

By **Joe Chine**
Officers' Spouses Club

The base Officers Spouses' Club awarded the following scholarships to high school seniors and spouses of military members at its fifth annual Scholarship Awards Banquet in the Northern Lights Club:

❑ **Eric Learning** – \$1,325 OSC scholarship and \$1,000 scholarship from First Command

❑ **Jessica Weber** – \$1,100 OSC scholarship

❑ **Kayleigh Karasko** – \$1,050 OSC scholarship

❑ **Rainer Schatke** – \$1,000 OSC scholarship

❑ **Tamara Harter** – \$1,300 OSC scholarship

❑ **Carol Glass** – \$1,000 OSC scholarship

❑ **Amber Flickinger** – \$1,000 African American Cultural Association scholarship

❑ **Sarah Stam** – \$500 African American Cultural Association scholarship

Three independent judges – Peggy Pazderic from the University of North Dakota, Linda Butler of Altru Health Systems, and Doug Carpenter of Alerus Financial, scored the OSC packages.

The OSC scholarship winners were chosen from 11 academic and four spouse applications.

The four OSC senior high persons were selected from the following schools: Larimore (2), Valley City, Grand Forks Central (7), and Hatton.

The total scholarship monies awarded by OSC, First Command and AACA

was \$9,275 for 2004.

The Awards Banquet featured Dr. Robert Boyd, Vice President for Student and Outreach Services at UND, as its guest speaker and closing remarks were offered by Colonel Mark Ramsay, 319th Air Refueling Wing commander.

The OSC thanks the high schools (counselor and faculty), judges, guest speaker, and wing commander for their support, cooperation and participation.

The schools, parents, and spouses can certainly be proud of each scholarship award winner.

What World War II Memorial means to military

By **Maj. Jeff Decker**
379th Expeditionary Maintenance Squadron

SOUTHWEST ASIA (AFPN) – The recent opening of the National World War II Memorial in Washington D.C. and its dedication this Memorial Day are highlighting the service of a generation who stood up to protect our nation, fought tyranny and freed an oppressed European continent 60 years ago.

We are now in a conflict as arduous and noble as the struggle fought by our great grandparents, grandparents and older aunts and uncles, a fight our secretary of defense believes “is the most important tasking the U.S. military has been handed since the second world war.” So it is fitting to recognize a previous group of Americans with whom we share a heritage of duty and sacrifice.

Approximately 16 million Americans



served in the Armed Forces during World War II, performing their duty across the entire globe. Many of us have visited the European or Pacific battlefields while stationed overseas or at least seen “Saving Private Ryan” or the “Band of Brothers” mini-series.

Now with this new memorial, 290 million Americans and countless others from different countries can visualize the enormity of World War II.

Of the Americans who did serve during the war, more than 400,000 did not return home. A single wall within the memorial park is adorned with 4,000 gold stars; each star represents 100 Americans who died during the three and half

years of fighting, a poignant reminder of the tremendous sacrifice felt across big cities, small communities and the farms of rural America.

World War II was the defining moment of the 20th Century. This memorial now stands in our nation's

capital to thank those who served from the deserts of North Africa to the islands of the Pacific and across the European mainland, when America faced a determined enemy and a world threatened by totalitarian states.

It is also a powerful symbol to our fellow citizens and those who wear the uniform today that we too are engaged with a resolute adversary and a world facing the dangers of global terrorism, a war we must win to protect our homeland and our way of life.

You are following in the footsteps of Americans who answered the call on their watch. Now it is time for us to do the same. Remember that when you see the National World War II Memorial.

101 critical days kicks off Memorial Day

By Tech Sgt. Bryan Bailey
Safety office

The temperatures have started to rise, the days grow longer, and our thoughts quickly turn to our favorite outdoor activities. Finally, summer is on its way.

We head to the lakes, the ball fields, and everywhere in-between to blow off the steam built up from another long North Dakota winter. Along with the rise of the mercury, our level of safety awareness should also rise.

The period from Memorial Day through Labor Day is known as the "101 Critical Days of Summer" by Department of Defense agencies. This timeframe has historically been the most dangerous and deadly for military members in pursuit of off-duty recreation.

In 2003, the Air Force lost a total of 37 lives to off duty mishaps during those 101 critical days.

While the majority of mishaps involved the operation of four-wheeled (17) and two-wheeled (15) motor vehicles, four involved sports and other recreational activities.

Even with all of the briefings, pamphlets, and campaigns, the source of most motor vehicle mishaps involve excessive speed, fatigue, and alcohol

use. All of these are entirely preventable.

If you are planning to take a road trip, plan ahead and leave sufficient time to rest and reach your intended destination without having to exceed the speed limits.

If you are a supervisor, reinforce this to your troops before they leave on a trip.

An hour on the road saved by speeding or driving that extra mile is not worth risking your life.

When participating in your favorite activities, examine and carefully consider all of the risks involved. Do I need a helmet or other protective gear?

Am I riding my ATV or motocross bike beyond my skill and experience level? Are the people around me doing their part by participating smartly and safely? A little preparation can be a key factor in mishap prevention.

The next four months can be the most enjoyable time of the year, but is also the riskiest. It doesn't take much time to think and act safely.

All we (wing safety) can ask you to do is to walk away. Walk away from a vehicle accident by buckling up.

Walk away from that sports injury by wearing protective gear. Finally, walk away from another 101 Days of Summer mishap free.

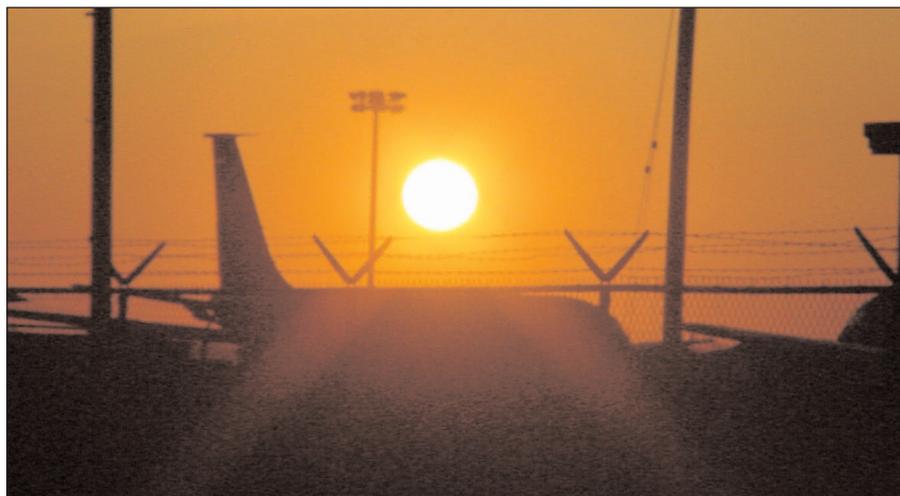


Photo by Staff Sgt. Scott T. Sturkol

Sunset over the base

A KC-135 is silhouetted on the flightline monday during sunset.

Boom operator says his biggest stage is in the air

By Staff Sgt. Scott T. Sturkol
Public affairs

When he graduated from the University of Northern Iowa with a bachelor's degree in acting, Eric Ryan's plans weren't immediately focused on the Air Force.

Senior Airman Ryan, a boom operator with the 906th Air Refueling Squadron, said he first looked to the Air Force when he felt inspired to serve his country following the Sept. 11, 2001, attacks on New York and Washington. His acting career had to take a back seat.

Since entering the Air Force, the boom operator has been able to dabble in his "hobby" of acting, but he said the biggest stage he has right now is serving his country.

"Right now, the KC-135 is my stage and my audience is the receivers I provide fuel for," Airman Ryan said. "I'm proud of what I do and for whom I am serving. No production can compare to the world as I see it through the boom window."

Airman Ryan has deployed to several locations for the Global War on Terrorism supporting operations such as Operation Iraqi Freedom and Operation Enduring Freedom. Being deployed quite frequently makes working on any "large" theater or performing arts functions difficult.

"Being a flyer restricts the time at home to be involved in any big production," Airman Ryan said. "It takes about eight weeks to put up a good production. Auditioning for a part is not fair to the cast and crew when I am called to deployed duty on opening night."

Airman Ryan has been able to get in some acting opportunities though.

"In the summer of 2003, I volunteered to help with the Missoula Children's Theatre performance here of 'Snow White,'" Airman Ryan said. "It was a blast."

This past Easter he said he played the role of Jesus in a production about the life, death, and resurrection of Jesus at a forward deployed location.

"Just recently, I was going to play the part of Blaine Barnacle, the groom, in a murder mystery, but duty called and I am now out on deployment," he said.

Being a boom operator has its challenges – particularly while deployed, Airman Ryan said. Whether it's trying to get training



Photo by Staff Sgt. Scott Sturkol

Senior Airman Eric Ryan, boom operator for the 906th Air Refueling Squadron, has been deployed to support Operation Iraqi Freedom, Operation Enduring Freedom, and many other operations in his job as a boom operator.



Courtesy photo

Senior Airman Eric Ryan is shown in a theatre production of "Death of a Salesman" in Cedar Falls, Iowa, in 2001.

Ellsworth AFB in S.D., McConnell in Kansas, and so forth," Airman Ryan said.

Ultimately, Airman Ryan vows to fill his goal of becoming a full-fledged actor whether in the Air Force or otherwise. He did say, however, his goal right now is to do his part to win the Global War of Terrorism.

"I'm a boom operator whose job it is to help provide global reach for our Air Force," Airman Ryan said. "There is no acting gig that can be better than this real life production."

completed on time or enduring a heavy amount of family separation, he said he stays focused and draws from his work experience for the day he can use it as an actor in a "big" production.

"An actor creates emotions through life experiences," Airman Ryan said. "Whether that character is required to laugh, cry or be angry, it all derives from a particular incident in life that the actor relives to generate a 'true' emotion. As a boom operator, I am receiving a flood of life experiences that will become quite useful on stage."

Airman Ryan added that someday there is nothing he would like to do more than

acting.

"The feeling of walking on stage during opening night, having 1,500 people watch you walk across the stage and look for any hint of a mistake is remarkable," Airman Ryan said. "To an actor, it's just their character and the other character interacting in daily activities, but to the audience it's a story unfolding in front of their eyes."

Airman Ryan said he would like to start something like a "Tops in Blue" for Air Force actors to do theatre productions.

"We could acquire actors from all over the world, maybe 12 to 15, and have a repertoire of maybe four productions involving Shakespeare, comedy and drama," Airman Ryan said. "We could travel from base to base with a different production each night."

Airman Ryan said such an effort would have to start small.

"I thought of starting a team from Grand Forks where we would do a midwest tour to places such as Minot Air Force Base, N.D.,

Award-winning 906th ARS airman balances job, volunteerism

By Staff Sgt. Scott T. Sturkol
Public affairs



Photo by Staff Sgt. Scott T. Sturkol

Senior Airman Renee Clapero, 906th Air Refueling Squadron personnel journeyman, was the unit's Airman of the Year for 2003.

As a personnel journeyman in a KC-135 flying squadron, where deploying people is an every-day thing, Senior Airman Renee Clapero stays constantly busy.

In addition to her busy work like, Airman Clapero – the 906th Air Refueling Squadron's Airman of the Year for 2003 – takes time out to help her fellow airmen through unit volunteer activities and with Airmen Against Drunk Driving.

At work in the 906th ARS, conducts in- and out-processing of squadron members and assists with leave requests and duty status reporting, which helps keep track of squadron members.

"I also coordinate personnel system inputs, manage the unit Weighted Airman Promotion System Program and security program, update officer duty titles and Air Force Specialty Codes, track performance feedback, update recall rosters, and many other related tasks," Airman Clapero said.

But maybe the biggest task Airman Clapero accomplishes with her fellow commander's support staff comrades is preparing people for deployments.

"As far as deployment preparations are concerned, it depends on the situation," Airman Clapero said. "For a member who is deploying for the first time, quite a bit of work is involved and for those of us who have gone through the process, each time gets simpler."

Airman Clapero speaks from experience. She deployed to Prince Sultan Air Base, Saudi Arabia, in 2003.

"When I deployed to Prince Sultan, it was one of the best experiences in my life," Airman Clapero said. "I learned a lot, including how much I appreciate my freedom."

"I think the most challenging thing while deployed, for me, was adjusting to working with not only Air Force personnel, but also Navy, Army, and Marine Corps people as well," she said. "Another challenge was adjusting to the extreme heat during the summer in Saudi Arabia. It was definitely a very interesting time."

One of her favorite things to do is to volunteering to help others.

Through Airmen Against Drunk Driving, she has been one of many people in the program who provide a safe ride home, at no cost, to fellow Airmen who may have had too much to drink and their plan to not drink and drive has fallen apart.

"Participating in off duty volunteering is good because it gives you something to do, it's a great way to meet new friends, and it provides a sense of satisfaction in helping out those who help

you," Airman Clapero said. "For example, in AADD, you never know if it might be a friend you're saving from making a mistake that could perhaps wreck their career or kill someone."

"I think AADD is a great program, but I also think it could be utilized more," Airman Clapero said. "In the past couple years, I have given approximately a dozen rides, but there are nights when no one calls at all, then the next week you hear about another person getting a driving under the influence violation."

Airman Clapero also believes strongly in supporting her hometown and supporting veterans. With Memorial Day coming up, she said it provides a perfect opportunity.

"Last year during Memorial Day, I went to my hometown and helped an older gentleman who was a World War II vet in his Veterans of Foreign Wars ceremonies," Airman Clapero said. "He told me that another small town near us actually had to get rid of their VFW because of the lack of volunteers. He was very sad about it and didn't want to have ours ended next."

"I would like to encourage any of those who are getting out of the military to be a part of your home VFW or American Legion," she said, "or if you are still in, to become a part of the local VFW or American Legion."

"I think it's a great way to keep your military pride and it's a great way of saying thank you to all those who have served for our freedoms," Airman Clapero said.

Working hard at work and working hard away from work is the motto of many in the 906th ARS. For Airman Clapero, she said the office she works in is similar to what she sees through the rest of her unit.

"I like that we help each other out and display good teamwork," Airman Clapero said. "It's never a situation of 'oh well that's not my job so you have to do it.' My supervisor has taught me a lot and because of it, I feel very confident of one day going out in the civilian world. I also like the people who stop by to make me laugh and smile. It's a great squadron."

'Big Brother' life support technician shows a love for mentoring youth

By Airman Patrice Clarke
Public affairs

Airman 1st Class Richard Leary is a life support technician in the 906th Air Refueling Squadron where he makes sure critical life support equipment is ready for Warrior of the North aircrews.

In a sense, he acts as a "big brother" for the aircrews. He takes that one step further when he volunteers for the area Big Brother, Big Sister, or BBBS, mentoring program.

"I used to work with the Big Brother, Big Sister program in Colorado and wanted to continue with the program here," said Airman Leary. The BBBS is a non-profit mentoring organization that connects youth with older mentors.

Airman Leary said he grew up in a "normal, fairly-adjusted, two-parent household." It's an upbringing he says works well with military life and it provides a background to work with BBBS.

He said when he wanted to continue his work in the program here, it was just a few applications away.

"Those applications includes a regular background check," Airman Leary said, "and they also have matching forms which match you to a youth."

People who sign up to be a big brother or sister fill out forms with questions such as,

"What's your favorite food?" or, "What's your favorite movie?" The youth fill out the same forms with their likes and dislikes to be more appropriately matched.

Big brothers and sisters are required to spend three to five hours with their youth every week.

Those hours can be used up anyway they want, Airman Leary said. They can use them all at once, or spread out through the week.

Playing video games, playing sports, going to amusement parks, or just relaxing are some things that Airman Leary does with his "little brother."

"You do what a big brother would do," said Airman Leary. "That could be anything from playing ball or just talking."

Airman Leary doesn't just volunteer at the BBBS program, he also lends his time and military training to Camp Foxfire, a privately-owned boot camp environment for troubled youth.

At Camp Foxfire, Airman Leary gets to be the total opposite of what he does for the BBBG.

"The camp is designed for youth who are referred by the state or whose parents check them into the camp," Airman Leary said.

With Airman Leary's help, the youth are taught respect and responsibility – basic

training style. The program requires more than 80 hours of training before a camp counselor can be in contact with the youth.

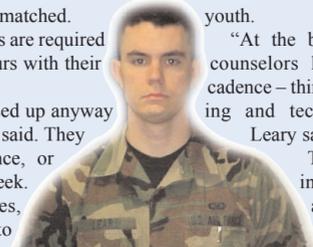
"At the beginning they teach the counselors how to march and call cadence – things we learn in basic training and technical school," Airman Leary said.

The rest of the training included everything from adolescent psychology to the proper way to restrain a youth, said Airman Leary.

Despite the obvious difference between the two programs, Airman Leary devotes equal time to each and doesn't prefer one over the other.

"They balance each other out," Airman Leary said. "Most of the youth in the Big Brothers, Big Sisters program are very close to being youth who will be sent to the camp if they continue on the wrong path."

Both programs are always seeking volunteers and Airman Leary would recommend them to anyone who would be interested. "I really enjoy volunteering at these places," Airman Leary said. "Most of the time all I do is listen, when you notice the impact you have on someone just by listening to them – it shows you can make a difference."



Airman 1st Class Richard Leary

Besides flying, pilot finds time to build houses

By Airman Patrice Clarke
Public affairs

Pilots lead a busy life, from short-notice deployments to pre-planned flights, the life of a pilot is in the air. Many pilots find inventive ways to keep them connected to the ground.

Capt. Glenn Rineheart, an aircraft commander in the 906th Air Refueling Squadron, has his own way of staying grounded – it starts from a foundation and goes up from there.

Captain Rineheart is currently the project point of contact for his squadron's endeavors with Habitat for Humanity, a nonprofit, nondenominational Christian housing organization that builds simple, decent,

affordable houses in partnership with those who lack adequate shelter.

"The program used to be headed by a major in the squadron and when he permanently changed stations, I took over," said Captain Rineheart.

The summer of 2003, the 906th ARS started on a house that needed a lot of work.

"The house needed roofs, windows, siding, and much more," Captain Rineheart said.

"The project started a little slow, with only a few people coming to help, but quickly built momentum," said Captain Rineheart. "The house the 906th ARS was working on unfortu-

nately couldn't be completed before the cold weather set in.

Captain Rineheart said they worked all the way until it started to really get cold and then we stopped," Captain Rineheart said.

The whole point of the project is to be a team building experience, he said.

"We strongly recommend that everyone in the squadron come and help out," Captain Rineheart said. "It builds teamwork and brings our squadron together."

"The Habitat for Humanity project is a wonderful opportunity for our folks to contribute to the local community and

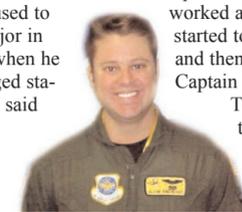
build our squadron identity and camaraderie," said Lt. Col. Sean Carey, 906th ARS commander.

"People would get released at around 3 p.m. and would help with the house till whenever the sun went down," Captain Rineheart said.

The chapter of Habitat for Humanity the 906th ARS works with goes one step further for squadron members by providing them with food so they don't have to leave the site to eat.

How does Captain Rineheart run a squadron program and still be a pilot? "Fairly easy," he says.

"Unless it's a short notice temporary duty assignment, I pretty much know when I am flying and I can plan accordingly," Captain Rineheart said.



Capt. Glenn Rineheart

Sport shorts

BOATER SAFETY COURSE:

Outdoor recreation will be holding a free boater's safety class Wednesday from 5:30 to 9 p.m.

This course is required before renting any outdoor recreation's motorized watercrafts.

North Dakota requires youth ages 12 to 15 to pass an approved boating course when operating motorized watercrafts.

Many insurance companies also offer a premium discount to adults who complete the course.

For details about boater safety, or about what boats outdoor recreation has for renting, call 747-3688.

SPORTSMAN'S SKEET AND ARCHERY CLUB:

The Sportsman's club is now open. Members will be shooting every Saturday from 10 a.m. to 3 p.m. until further notice.

If interested in becoming a member or an officer come to the club Saturdays to fill out an application.

Cost is \$20 for a single membership or \$30 for a family membership.

For details call Staff Sgt. Dean Porter at 747-5454.

ROCK CLIMBING CLASSES:

Rock climbing wall classes will be held every Tuesday at 7 p.m. at the sports and fitness center. Please sign up at the front desk, any questions please call Vicky at 747-3384.

OSS claims intramural soccer title

Compiled from staff reports

The 319th Operations Support Squadron dominated the 319th Civil Engineering Squadron's A team 4-0 in the intramural soccer championships.

Coaching by **Jeff Naylor** wasn't the only thing that helped OSS take the win.

Scores by **Kyle Klaus**, **Trisha Carlson**, did help put OSS on top.

"Scorers can't score on their own without some assistance," Coach Naylor said. "We have a good all-around team and their talents were on display during this championship game."

Josh Spiess, **Blake Powell**, **Richard Osorio**, **Derrick Cooley** and **Tara Reid** were important in the OSS win. Not only did the scorers help but OSS' goalie **John Klosterman** had his sixth shutout of the season during the championship game.

"Quick hands and fantastic teamwork put OSS on top during this game," Coach Naylor said. "Congratulations to the whole team."



Photo by Airman Patrice Clarke

Kyle Klaus stays in control of the ball Wednesday during the intramural soccer championships at the sports and fitness center.

Spouse club news

Enlisted Spouses Club

JOINING THE ESC: Enlisted spouses interested in being part of the base Enlisted Spouses Club should contact Sarah Bloch or Bobbi Sturkol at 610-6189 or 594-3855 respectively. The club meets monthly in the community activities center and offers a variety of activities.

Officers' Spouses Club

THRIFT SHOP: There will be a \$3 bag sale through May 28. May 28 is the last day the thrift shop will be open at its current location. June 15 the thrift shop will be open at its new location on Nevada Street. All consignment checks must be picked up no later than May 28.

For details call Cindy Bachinsky at 594-8016.

OSC PLAYGROUP: The Officer's Spouses' club offers a playgroup from 1 to 3 p.m. at the Liberty Square. For details call Carol Gaddis at

If you are a senior airman or below, volunteer at the **Warrior Airmen Recreation Center.**
For details call Airman Patrice Clarke at 747-5020.

AAC e-mail

The Airmen's Activity Council has e-mail! If any Airman has an issue or idea for the AAC, please send an e-mail to the AAC inbox at gf319aac@grandforks.af.mil.
For details call Airman Patrice Clarke at 747-5020.

WELLNESS TIP

What makes them 'tick'

In the United States, ticks transmit diseases such as Lyme disease, relapsing fever, Rocky Mountain spotted fever, ehrlichiosis and babesiosis

Children are affected by tick-borne diseases more than adults (girls twice as much as boys)

Ticks are most active from April to September

How to avoid ticks:

- Mow lawns regularly
- Wear long sleeve shirts/long pants; tuck pants into socks; and use DEET insect repellent where ticks are common
- Perform tick checks daily, and remove all ticks immediately

Consult a veterinarian about tick treatments for pets

FOR MORE DETAILS
WWW.CDC.GOV

SOURCE: AMC Command Surgeon Office

InfoGraphic by TSgt. Mark Diamond

Base theater



Today, 7 p.m.

The Alamo (PG-13)

In a small Texas town in the spring of 1836, roughly 200 men lost their lives defending the Alamo, a small mission building, from several thousand Mexican soldiers under the command of General Antonio Lopez de Santa Anna.

Saturday, 3 p.m.

Home on the Range (PG)

The various farm animals on the Patch of Heaven dairy farm overhear that the farm might be taken over and decide to do what they can to save it. The cows (Judi Dench, Roseanne Barr, Jennifer Tilly) consult the family horse and plan to try to capture a bandit on the loose in a nearby town to collect the reward money.

Saturday, 7 p.m.

The Whole 10 Yards (PG-13)

In The Whole Nine Yards, Matthew Perry plays a mild-mannered suburban dentist named Nick who lives next door to Jimmy "The Tulip" Tudeski, an in-hiding mobster played by Bruce Willis. Now Nick is married to Jimmy's ex-wife, Cynthia (Natasha Henstridge), and Jimmy is married to Nick's former assistant, Jill St. Claire (Amanda Peet). Nick seeks Jimmy's help when Cynthia is kidnapped by the Hungarian mob.

May 28, 7 p.m.

Hellboy (PG-13)

May 29, 7 p.m.

Walking Tall (PG-13)

Tickets: \$1.50 children, \$3 adults
For details, call 747-3021/6123.

Today

LET US DRIVE YOU: The Northern Lights Club offers a shuttle service to and from the Club 6 p.m. to 2 a.m. Thursday through Saturday.

This free service is offered to residents of the base, Sunflake housing and Emerado.

For details call 747-3392.

GOLF COURSE BREAKFAST: The Plainsview Golf Course snack bar offers steak and eggs for breakfast today from 7 to 11 a.m. for \$5.75.

Saturday

RED CROSS BABYSITTING COURSE: The American Red Cross on base is holding their next babysitting course Saturday.

Minimum age to sign up is 11 and cost for the course is \$30. To sign up for the class call Anita Kraviec at 594-4767.

CLUB KARAOKE: The Northern Lights Club offers karaoke from 10 p.m. to 3 a.m.

CLUB DANCING: The Northern Lights club offers dancing at the club from 10 pm. to 3 a.m. Enjoy "club mix" with DJ "C."

Sunday

SUPER SUNDAY BRUNCH: The Northern Lights Club offers Sunday brunch from 10:30 a.m. to 1:30 p.m.

Cost is \$8.25 for adults, \$4.25 for children ages 12 to 5 and youth ages four and younger eat free.

Non-members pay \$3 extra.

Monday

Community

HOME BUYING COURSE: The family support center is offering a free home buying course May 24 from 1 to 4 p.m. at the family support center.

The course covers loan options, terminology, closing cost, agents and much more.

For reservations and details call the FSC at 747-3241 or 747-6437.

PIANO RECITAL: The youth programs annual piano recital starts at 5 p.m. at Liberty Square.

Tuesday

PARENT, CHILD PLAYGROUP: The parent-child playgroup meets every Tuesday in Liberty Square from 10 a.m. to noon.

Wednesday

CLUB DINING: The Northern Lights Club offers an "all you can eat" taco bar from 5:30 to 8 p.m. Cost is \$6 and members receive a \$3 discount.

STORYTIME: The base library holds story time every Wednesday at 10 a.m. each week. Participants read, sing, and do an activity in relation to the theme.

For details call 747-3046.

Thursday

THRIFT SAVINGS PLAN: The TSP is a government sponsored savings and retirement plan for military members. Individuals may enroll during open season which is April 15 to June 30.

The next open season will be October 15 to December 31.

The Introduction to Investing course or equivalent knowledge level is suggested for individuals interested in enrolling in TSP.

For details call 747-6437 to sign up.

PIZZA PARTY: Join the Airey dining facility for their pizza party at lunch.

DISCOUNT FOR SPOUSES: The Northern Lights Club offers a 20 percent discount to spouses of the deployed every Thursday throughout May.

Dinner is served 5:30 to 8 p.m.

Upcoming

END OF SCHOOL YEAR PICNIC: Youth programs will be having their end of school year picnic and carnival at Liberty Square May 28 from 11 a.m. to 4 p.m.

This is a free event that is open to all.

GOLF COURSE PROGRAM: Check out the "Get Into the Swing of Things" program run-

Base chapel



CATHOLIC:

Sunday Mass: 9 a.m., Sunflower Chapel

Weekday Mass: 11:30 a.m. Monday, Wednesday, Thursday, Sunflower Chapel

Reconciliation: 8:30 to 8:45 a.m. Sunday, Sunflower Chapel, or by appointment. Call 747-5673 for details.

CCD: 10:45 a.m. Sunday, Twining Elementary and Middle School. For children age 3 through high school. For details on educational programs, call Jane Hutzol at 747-3073.

PROTESTANT:

Traditional Worship: 10:30 a.m. Sunday, Sunflower Chapel

Contemporary Worship: 6 p.m. Sunday, Prairie Rose Chapel

Sunday School: 9 a.m., Eielson Elementary School

Protestant Youth of the Chapel: 4 to 5:45 p.m., Sunday, youth center

Men of the Chapel Bible Study: noon Monday, Prairie Rose Chapel conference room

Young Adults: 6 p.m. Friday, Chaplain (Capt.) Brian Swain's home. Call 747-4359 for details.

Women's Bible Study: 7 p.m. Monday, Prairie Rose Chapel conference room

JEWISH:

Call Synagogue B'nai Israel at 775-5124.

MUSLIM, BUDDHIST, ORTHODOX,

OTHER:

Call 747-5673 for details.

Basewide Vacation Bible School

The Catholic and Protestant Chapel communities invite all base children to Son Games from 12:30 to 3:30 p.m. June 1 to 4 at Eielson School.

Son Games is a place where children learn to apply Biblical teaching to their lives.

There will be a closing program June with a musical event for the whole family.

Register now at all Catholic and Protestant Chapel Services or at Prairie Rose Chapel during regular duty hours.

Adults and teens interested in helping can call Jane Hutzol at 747-3073, Carol Shower at 747-3071, or Prairie Rose Chapel at 747-5673 or 747-4984. Please leave a voice message.

ning through the end of May.

For details call 747-4279.

ALL-NIGHT SOFTBALL TOURNAMENT: The all night softball tournament will start at 5:30 p.m. June 4. Come and support your team.

The Northern Lights Club will be having food and drink specials.

For details call the fitness center at 747-3384.

FISHING DERBY VOLUNTEERS: The annual kids fishing derby is June 5. Outdoor recreation is looking for volunteers to help out with many different areas for the event.

For details call 747-3688.

It Could Be Worse...



No, it's not light 'leaking from heaven.'

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