



# After deployment, new year at work is like new job

By Staff Sgt. Scott T. Sturkol  
Public affairs

For the second half of 2003, I was in Southwest Asia being part of the front-line action for the Global War on Terrorism.

I worked in the United States Central Air Forces-Forward public affairs office doing everything from writing stories about deployed members to escorting Arab media in Baghdad.

When I got back home Dec. 5, I not only had to get used to an 80-degree temperature difference, but also get reacquainted with my family. Thankfully, I had a month to do just that.

This past Monday was my first day back at work after the holidays and 30 days of time off after deployment and leave. I have to say it was just like I was starting over.

The actual work in the job was not my concern, it was reestablishing my work life connections. It will take some time to get those connections back to where they were when I left. That is one of my new year resolutions.

Speaking of resolutions, I, like many other people, have decided on a few "attainable" resolutions or goals for this year. For the most part I think they will result in a positive ending.

They are, in no particular order of

course, (1) lead and follow better, (2) exercise more, (3) volunteer more, and most importantly, (4) be a better husband and father. Just so you know, these resolutions are not an admittance that I'm a slacker in any of those areas, it just means that I know I can do better and there is always room for improvement.

During my deployment, my family and my office had to go on without me. That was a challenge for them and I can only return the favor by working harder and doing better.

The love I have for my family and for my work is important to me and I think as this new year progresses, and as I get back into the flow of things, that it will be a good year.

I met most of my goals or resolutions this past year which included stopping smoking. I was able to keep that one. It's been tough, but I feel much better now than I did a year ago.

Overall, the one thing I am looking forward to most this year is being home. When I was deployed from home, you learn to appreciate what you have that much more. Now I can spend the whole year appreciating what I have and work to make those wonderful things even better.

I should also get to work on them now or that slacker thing I mentioned earlier will come true.

## Action Line

The Action Line is your avenue for information about events and activities on and around the base.

For questions about current events or rumors, call 747-4522 and leave a message.

Questions will be answered in the order they are received.



Col. Mark Ramsay  
319th Air Refueling Wing  
commander

## Town Hall meeting answers

**Q:** When will the commercial gate (south gate) be open to normal traffic?

**A:** Outbound traffic can now exit the south gate from 3 to 6 p.m. on normal duty days - Mondays through Fridays.

Inbound traffic remains restricted to commercial trucks only.

**Q:** Can military family members get any sort of preference with on-

base teaching jobs?

**A:** The Grand Forks School District manages our base schools, and is an equal opportunity employer.

The school district encourages military spouses to apply and takes all applications seriously to choose the best qualified applicant.

Since our base schools are not run by the Department of Defense, spouses' preference is not a consideration for employment at Twining or Eielson Schools.

**13**

Consecutive  
DWI-free days

**66.67%**

Mission  
effectiveness rating



Work harder - Quit smoking - Set goals - Lose weight - Be a better leader - Work harder - Set goals - Make rank - Run a faster mile and a half - Volunteer more - Educate others

**RESOLUTIONS**

Work harder - Quit smoking - Set goals - Lose weight - Be a better leader - Work harder - Set goals - Make rank - Run a faster mile and a half - Volunteer more - Educate others

Graphic by Staff Sgt. Scott T. Sturkol

**Cover**  
The start of every new year brings new decisions with resolutions and goals people make for the year. This issue shows you what some people and leaders around base are planning.

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Staff Sgt. Scott T. Sturkol \_\_\_\_\_ Chief, internal information  
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# Efforts to curb DUIs continues with random checkpoints

By Staff Sgt. Scott T. Sturkol

Public affairs

In recent weeks, personnel from the 319th Security Forces Squadron, at the direction of the 319th Air Refueling Wing Commander Col. Mark Ramsey, have set up random checkpoints looking for possible driving under the influence, or DUI, violations.

According to Master Sgt. Michael Hagans, 319th SFS operations superintendent, the program will continue.

“From this point on, we will not advertise where or when we will be conducting the checkpoints,” he said, “they will be randomly conducted throughout the base.”

On New Year’s Eve, the last time a checkpoint took place, he said there were 156 inspections with no violations.

### Steps for avoiding a DUI

- (1) Don’t drink alcohol at all.
- (2) Use a designated driver.
- (3) Call a friend or a taxi for a ride.
- (4) Airmen Against Drunk Driving is available to give rides to people who are military members, Department of Defense civilians, and their families by calling 746-AADD (2233). Call AADD if the

During a checkpoint operation, the driver, whether military or civilian, of every vehicle approaching the checkpoint is positively identified by a “recorder” on a security forces team and asked to submit to a test of their breath on a breathalyzer by a certified operator, Sergeant Hagans said.

Any driver providing a sample registering above a .05 will be detained under probable cause for driving while impaired while any driver registering above a .08 will be detained for drunk driving.

“If someone is detained at the checkpoint under these conditions, then our teams will accomplish their checklist items for apprehension of a drunk driver,” Sergeant Hagans said. “Some of those checklist items include a field sobriety test and subsequent testing under implied consent.”

The positive outcome of the Dec. 31-Jan. 1 checkpoint is encouraging, Sergeant Hagans said, but as the checkpoints become more random it will potentially catch the drinker who drives off guard.

“The DUI monitoring is important because we want to maintain a safe community by removing the drunk

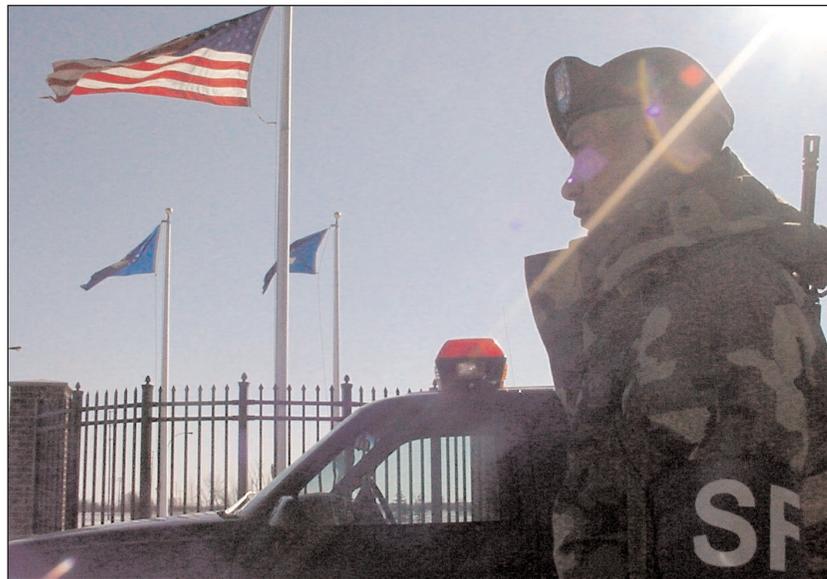


Photo by Staff Sgt. Scott T. Sturkol

**319th Security Forces Squadron personnel will continue having DUI checkpoints throughout the base. However, from now on they will be random and not advertised.**

driver from our roads,” Sergeant Hagans said. “When the checkpoints take place, our teams are clearly marked with a vehicle that has a ‘DUI Patrol’ decal on it. The team will direct you on what you need to do to go through the checkpoint.

“The bottom line is that if you drink and you drive, you will eventually lose,” Sergeant Hagans said.

## Briefs

### **Anthrax vaccination program suspended**

On Dec. 22, the United States District Court for the District of Columbia issued a preliminary injunction against the current operation of the anthrax vaccine immunization program. The judge's ruling is based not on the safety of the vaccine, but rather the completeness of the FDA's process to approve the vaccine for use against inhalation anthrax.

Since 1998, the Department of Defense has safely vaccinated more than one million military, emergency-essential civilians, and mission-essential contractor personnel to provide vital protection against all forms of the anthrax disease. There are appeals being accomplished at this point to resume the anthrax program.

Until then, the military has been given a direct order from DOD Health Affairs to discontinue giving the anthrax vaccine to all military members as of Dec. 24.

This is to include those going to locations overseas that may have required it in the past, anyone who would like to voluntarily receive it, or those who have started to series but have not completed it.

Anyone who has started the anthrax

series will remain in the base immunization database so it is kept on record. The 319th Medical Group has removed anthrax as a required vaccine and it will not be shown as a discrepancy for the squadrons base wide. Call the immunization clinic at 747-5451 for more details.

### **Parking reminder**

With the base in force protection condition "Bravo," all personnel are reminded to follow the required Bravo checklist parking procedures next to buildings.

Contact your unit security monitor for more details.

### **Change of command**

The 319th Medical Operations Squadron change of command ceremony is Monday at 10 a.m. in the Northern Lights Club. Lt. Col. Robert E. Steed will assume command of the squadron from Lt. Col. Kathleen O. Concannon.

### **Quarterly awards lunch**

The wing quarterly awards recognition luncheon is Jan. 29 at 11 a.m. in the Northern Lights Club.

Contact a unit representative to sign up for the event.

### **W-2 distribution**

Military members who have a customized myPay personal identification number, or PIN, will not receive a hard copy of their W-2 tax statement. The myPay site still allows hard copies should members elect that option.

Active duty military members who are deployed will automatically have a hard copy of their W-2 sent to their address within myPay. In anticipation of W-2 inquiries or need to get W-2s in myPay, finance customer service has the ability to assign temporary myPay PIN numbers to all Grand Forks Air Force Base members who request one.

The Defense Finance and Accounting Service projects that tax statements will be posted on the myPay Web site during the following periods: no earlier than Jan. 16 and no later than Jan. 26. Go to <http://w3/Units/319HQ/Comptroller/319CPTS.htm> or <https://mypay.dfas.mil> for details.

### **Snow removal contractor**

Schmitz, Inc. is the new contractor responsible for removing snow from base streets and parking lots. They are available 24 hours a day, seven days a week. Anyone with questions or concerns can call the snow removal hotline at 594-8985.

### **National Prayer Luncheon**

The annual National Prayer Luncheon is Feb. 4 at 11:30 a.m. in the Northern Lights Club. Tickets are \$4 each. The guest speaker for this year's luncheon is Lt. Gen. Richard V. Reynolds, vice commander of Air Force Material Command. See your unit first sergeant for tickets or call the chapel at 747-5673.

### **Ed center testing**

There will not be voluntary testing services available at the education center through Jan. 16 due to the receipt of new furniture throughout the building. This does not apply to mandatory testing.

The schedule for the later part of January and February has been posted at the front counter. People may either stop by or call the front desk at 747-3316/3317 to sign up for future dates.

### **'Marketplace' volunteers**

There are several volunteer time slots open for the 2004 Marketplace for Entrepreneurs at the Alerus Center starting Wednesday. To volunteer call 1-701-663-0150 or toll free at 1-888-384-8410 or e-mail [marketplace1@btinet.net](mailto:marketplace1@btinet.net).



**Today, 7 p.m.**  
***Timeline (PG-13)***

In France, professor Edward Johnston (Billy Connolly), his son (Paul Walker), and a team of archaeology students are working on the ruins of a 14th-century castle that contains a chamber that's been sealed for hundreds of years. It turns out that the head of the corporation running the dig, Robert Doniger (David Thewlis), opened up a wormhole leading to the 14th century and Johnston is now trapped in history, and it's up to his students to find a way to get him back.

**Saturday, 7 p.m.**  
***Tupac: Resurrection (R)***

Tupac: Resurrection is the first authorized biography-picture of the late rapper-actor Tupac Shakur.

It includes poetry readings, musical clips, and video from his life, including various interviews, private home movies, and previously unreleased concert footage.

**Jan. 16, 7 p.m.**  
***The Haunted Mansion (PG)***

Real estate agent Jim Evers (Eddie Murphy) and his family visit an old mansion, thinking they're just stopping by to check out a property. But soon the Evers crew is stranded there, along with 999 creepy ghosts. Jim discovers that the only way to escape from the spooky house is to find a key that will unlock the secrets of a curse dating to the 19th century, when a soon-to-be-married couple lived there.

**Jan. 17, 7 p.m.**  
***Love Don't Cost a Thing (PG-13)***

In this remake of the 1987 movie Can't Buy Me Love, Nick Cannon plays a dorky fool who pays a cheerleader (Christina Milian) to pretend to be his girlfriend so that he'll be popular.

**Tickets:** \$1.50 children, \$3 adults

## Base chapel

**CATHOLIC:**

**Mass:** 9 a.m. Sundays, Sunflower Chapel

**Weekday Mass:** 11:30 a.m. on Mondays, Wednesdays and Thursdays at Sunflower Chapel

**Reconciliation:** 8:30 to 8:45 a.m. Sundays, or by appointment, at the Sunflower Chapel

**CCD:** 10:45 a.m. at Twining School for children age 3 through high school age. Numerous programs. Call Jane Hutzol at 747-3073 for details.

**JEWISH:**

Call Synagogue B'nai Israel at 775-5124 for details.

**PROTESTANT:**

**Traditional Worship:** 10:30 a.m. Sundays in Sunflower Chapel

**Contemporary Worship:** 6 p.m. Sundays in the Prairie Rose Chapel

**Sunday School:** 9 a.m. Sundays at Eielson Elementary School

**Protestant Youth of the Chapel:** 4 p.m. to 5:45 p.m. Sundays at the youth center

**Men of the Chapel Bible Study:** Will not meet on Jan. 19.

**Young Adults:** Held at 6 p.m. Fridays at Chaplain Swain's home. Call 747-6468 for details.

**RUSSIAN/EASTERN ORTHODOX:**

Call Dr. Levitov at 780-6540 for details.

**MUSLIM, BUDDHIST, OTHER:**

Call 747-5673 for details.

### Air Force announces wear guidance for new nametag

**AIR FORCE PERSONNEL CENTER** -- According to personnel officials, effective since Jan. 1, the new metallic nametag must be worn on the wearer's right side of the service dress jacket with the bottom of the nametag level with the bottom of the ribbons. It should be centered between the sleeve seam and the lapel.

If a duty badge is worn on the wearer's right side of the service dress jacket, men will center the badge a half-inch below the new nametag; women will center the badge a half-inch above the new nametag.

An exception is when a command insignia is worn by either men or women, then the command insignia is worn either a half-inch above or below the nametag and the duty badge is worn either a half-inch above or below the command insignia, depending on whether the individual is a current or former commander.

When the maternity jumper is worn as the maternity service dress, the nametag should be centered on the right side and placed even to, or 1 1/2 inches higher or lower than, the first exposed button.

The nametag will also be worn on all pullover sweaters on the wearer's right side with the bottom of the nametag level centered between the middle of the sleeve seam and the seam of the neckline. It will not be worn on the cardigan sweater.

For details call your unit commander's support staff or the military personnel flight customer service desk at 747-4902.

### Group changes patient check-in procedures

At the start of the new year, the 319th Medical Group changed the procedure for patient check-in for family medicine, pediatrics, women's health, and the preventative health assessment clinics.

Patient check-in time is now the same as the appointment time. As an example, if your appointment time is 7:15 a.m., your "show time" is 7:15 a.m.

Patients are no longer asked to report 15 minutes early. In monitoring patient check-in, less than 10 percent actually arrived 15 minutes prior to the scheduled appointment time. This change eliminates some of the confusion that has existed, as well as accurately reflects the expected time the staff will interact with the patient.

The objective in this change is to allow adequate time for the primary care team to meet health care needs.

The medical appointment begins with the check-in process. Next, patients are escorted to the exam room. Preliminary vital signs and history are taken by medical technicians and are vital to the decisions the provider will make. Additionally, the ancillary staff can provide specific prevention teaching and review upcoming needs (for example, lab tests for PHAs, immunizations and medication refills).

As provider extenders, medical technicians are trained to provide a broad array of initial evaluation and

testing. Based on established protocols, the medical technician has the latitude to order and obtain specific laboratory specimens and x-rays. Once initial information has been gathered, the provider will see the patient, perform an assessment, and then talk with the patient about treatment options and needs.

To achieve their objectives, the 319th MDG asks for everyone's support. It's imperative patients arrive on time for a scheduled appointment. When a patient shows up late, not only are those with subsequent appointments put at a disadvantage, but the provider and their staff's ability to fully meet the patient's needs is reduced.

People who show up late (10 minutes or more) may be asked to reschedule or wait for an opening at the end of the day.

"Hopefully this improvement will allow you to take full advantage of your health care benefits by optimizing the skills of the health care team," said Lt. Col. Kathleen Concannon, 319th Medical Operations Squadron commander.

"With your appointment time as your show time, we hope to take the guesswork out of when you should be at the clinic."

*Courtesy 319th Medical Group*

### More airmen may live off base

**WASHINGTON (AFPN)** -- A change in how the Air Force figures unaccompanied housing require-

ments might mean more airmen could move off base.

Under the new policy, which took effect Jan. 1, the Air Force must provide dormitory housing for unaccompanied E-1s through E-3s and E-4s with less than three years

of service. Previously, the Air Force maintained dorm spaces for all unaccompanied airmen below E-5.

The policy change is designed to make the number of dorm rooms the Air Force must have available more predictable, officials said.

## Flashback: One more look at holiday events around base



*Photo by Amn. Patrice Clark*

**FSC OPEN HOUSE:** On Dec. 4, the family support center held its 15th annual open house where they had more than 280 people visit. They handed out more than 175 gifts to base children. The gifts were provided by the Boys and Girls Clubs of America through the youth center. Veterans of Foreign Wars Post 1874 of Grand Forks gave each family who attended a photo album and other gifts. Members of the VFW's Ladies Auxillary were on hand with volunteer support to help serve food as well.



*Photos by Staff Sgt. Scott T. Sturkol*

**TWINING ELEMENTARY HOLIDAY BAND AND ORCHESTRA CONCERT:** (Above) Orchestra teacher Ms. Suzanne Olafson leads members of the fifth and sixth grade orchestra during a concert at Twining Middle School Dec. 9. (Below) Band teacher Mr. Paul Boesee leads the fifth and sixth grade band during a number at the concert.



## Flashback: One more look at holiday events around base



Photo by Amn. Jennifer Wallen



Photo by Staff Sgt. Scott T. Sturkol

(Left) **HOLIDAY COOKIE DRIVE:** Volunteers pack cookies into bags during the holiday cookie drive Dec. 15 for base dormitory residents in the Prairie Rose chapel annex. Thousands of cookies were distributed to airmen throughout the base.

(Above) **GINGERBREAD HOUSES:** An Eielson Elementary School third grade student works on a gingerbread house at the school Dec. 16.

# FDA issues ephedra alert

By G.W. Pomeroy

Air Force Surgeon General Public Affairs

**WASHINGTON (AFPN)** -- Following an FDA alert, Air Force Medical Service officials are once again "strongly advising" airmen to contact their physicians or health-care providers before taking dietary supplements containing ma huang, ephedra or ephedra alkaloids.

Food and Drug Administration officials have issued a consumer alert on the safety of dietary supplements containing ephedra that calls for consumers to immediately stop buying and using ephedra products.

Besides issuing an alert, FDA officials are notifying manufacturers that they intend to publish a final rule stating dietary supplements containing ephedrine alkaloids present an unreasonable risk of illness or injury.

The rule would have the effect of banning the sale of

these products as soon as it becomes effective, 60 days after publication.

"FDA will publish a final rule as soon as possible that will formalize its conclusions that dietary supplements containing ephedrine alkaloids present unreasonable risks to those who take them for any reason," said Tommy G. Thompson, health and human services secretary.

"We are taking action today to notify Americans about the unreasonable risk of ephedra as currently marketed in dietary supplements," said Dr. Mark B. McClellan, FDA commissioner. "Our action is based on diligent and thorough work by the agency as required by the challenging legal standard in the dietary supplement law.

"We worked hard to obtain and review all the available evidence about the risks and benefits of ephedra, including its pharmacology, studies of ephedra's safety and effectiveness, adverse event reports, and reviews by independent experts," Dr. McClellan said.

In February, a jury in Austin, Texas, determined that ephedra use was at least 50-percent to blame for the death of a 24-year-old Charles Bryant Scurlock II, of Round Rock, Texas.

Mr. Scurlock collapsed and later died after a two-mile run for an Army National Guard physical fitness test in 1999. The jury awarded \$1 million to the plaintiffs.

In September 2002, the Air Force surgeon general issued a revised policy covering dietary supplements containing ephedra that strongly discouraged the use of such supplements and highlighted associated risk factors.

In November 2002, the Air Force's surgeon general issued a notice to airmen on the potential risks associated with dietary supplements containing ephedra, following the death of a young airman.



Photo by Airman Patrice Clarke

## Are you ready?

The 319th Communications Squadron stretches during their squadron-wide physical fitness time at the fitness center Wednesday morning. The entire squadron participates together every Wednesday. They do individual workouts on Mondays and Fridays. In light of the push for a "fit to fight" Air Force, most squadrons are implementing similar programs.

# 2004 What's in store?

## Leadership makes New Year's Resolutions

### Command Chief

Each day we are given is a gift. That is why it is called the present. My hope is for everyone to live each day to its fullest and be of greatest service to others. Look for ways to positively make us each better individually and collectively on a daily basis. What we get in return by giving of ourselves to others is always far more rewarding than anyone could imagine. Never forget that we wear our nations uniform wherever called on to serve. Our country has given us the privilege of serving our great nation and community as members of its military. Never forget why and who we serve...no greater honor can be given.

- **Command Chief Master Sgt. Danny Holwerda**

### 319th Maintenance Group

To provide the best trained and equipped maintainers by fostering our "GEAR Up" attitude - *Generating Excellence in Aircraft Readiness* - to enable our global air mobility mission.

In doing so, we resolve to focus on compliance in all our maintenance activities and conduct all aircraft operations with personnel and equipment safety being our foremost concerns.

- **Col. Michael J. Saville, 319th MG commander**

### 319th Aircraft Maintenance Squadron

To have safe and productive aircraft sortie generation.

The long term goal: Train, upgrade and retain the greatest maintainers; improve overall deployment readiness above 90 percent; and maintain safe deployed and home



Photos by Airman Patrice Clarke  
Lt. Col. James C. Howe, 319th Aircraft Maintenance Squadron commander, meets with airmen in his squadron.

station sortie generation activities.

- **Lt. Col. James C. Howe, 319th AMXS commander**

### 319th Maintenance Operations Squadron

To develop all MOS airmen and give them the tools to provide world class aircraft maintenance training, maintenance command and control, analysis, and scheduling for the 319 Air Refueling Wing.

This year we want to improve maintenance training flight facilities, zero test failures on the career development course end-of-course tests, and 100 percent pass rate on the Air Force fitness program by the end of the year.

- **Maj. Craig Gaddis, 319th MOS commander**

### 319th Maintenance Squadron

To have a safe and mishap free year with no reportable injuries/mishaps.

To focus on compliance/ORM in the workplace and at home continuing to provide outstanding support to all our customers. To promote a "fit force" with 100% of squadron membership passing their fitness test.

To build on the existing high level of esprit de corps providing all squadron members and their families a great place to live and work.

- **Maj. David Haar, 319th MXS commander**

### 319th Operations Group

Mold razor-sharp, combat-ready warriors, who are technical experts, and proud Air Force professionals in humble service to our nation.

- **Col. Cathy Clothier, 319th OG commander**

### 905th Air Refueling Squadron

Our unit's goal for 2004 is simple: we have the awesome responsibility to accomplish the dynamic mission we are given and to take extraordinary care of America's sons and daughters. We will do this for 2004 and continue to pro-



Lt. Col. Gerald Perkins, 319th Comptroller Squadron commander, puts one of his squadron's resolutions into action by assisting a customer at the finance customer service desk.

vide exquisite support to the warfighter, to our homeland's defense...we will be fit to fight. We will continue to work side-by-side with our fellow squadrons to make our wing, our home, the best in Air Mobility Command and the Air Force.

- **Lt. Col. Giovanni Tuck, 905th ARS commander**

### 911th Air Refueling Squadron

Our long term vision being ... to provide the superiorly trained and accountable personnel that safely conduct the global air refueling and airlift mission ... anytime, anywhere, for America!

My long term goals for our squadron are for us to safely continue to do our part in bringing about the end to the global war on terrorism, for everyone to pass the new physical fitness program, everyone to quit smoking (just a personal wish), for our deployment rates to decrease by one third, to have no government travel card delinquencies, and for everyone to have fun while we continue to do what we do best!

Oh yeah, and of course, world peace and good will amongst men and women.

- **Lt. Col. Jon D. Klaus, 911th ARS commander**

### 319th Medical Group

Keep wing medically ready for wartime and peacetime contingency operations

Exceed standards for quality, access and satisfaction for managed healthcare

Build a healthy community by providing comprehensive and integrated community programs of disease prevention, health promotion, and fitness.

- **Capt. Terri Anderson, 319th MDG**

### 319th Civil Engineering Squadron

To greatly improve recognition, training, and team spirit programs for our CES warrior-engineers.

To seamlessly construct \$70 million in housing, turning over 50 new houses this summer with another 268 on its heels. To increase customer convenience into CES with a centralized customer service center.

To improve warrior preparedness thru better chem warfare and distaster preparedness training.

To provide better use of funding thru improved construction designs and installation planning.

To construct over \$30 million in base facility improvements where we work, play, and pray.

Have zero fires through strong fire prevention and inspection programs.

Greatly increase environmental stewardship focusing on lessening off-base impacts and wildlife conservation/protection.

- **Lt. Col. Patrick Fogarty,**

**319th CES commander**

### 319th Comptroller Squadron

We want to continue with our effort to enhance customer service to all customers.

Work with each unit Government Travel Card program coordinator to bring the wing's delinquency rate to the lowest in Air Mobility Command.

Improve communication with approving officials, unit orderly rooms, resource advisors and Defense Finance and Accounting Service to effectively pay members and wing bills. Continue with our effort to ensure prudent, effective and efficient use of taxpayers' treasure to meet the Warrior of the North mission.

- **Lt. Col. Gerald Perkins, 319th CPTS commander**

### 319th Services Squadron

To raise the bar of excellence, set the standard, and make improvements. To be responsible stewards...of taxpayer and nonappropriated fund resources and monies.

To promote fitness, a healthy lifestyle, teamwork, personal and professional growth for base and Services personnel.

- **Maj. Elizabeth Demmons, 319th SVS commander**

### 319th Communication Squadron

**Train:** You can never overemphasize the importance of training.

**Paperless:** Automation should make your job easier. Wouldn't it be wonderful to look at staff work on-line, make your corrections in the computer, and then forward it.

**Faster:** You can't implement #1 without #2. Your networks and infrastructure need to be robust to be able electronically process information.

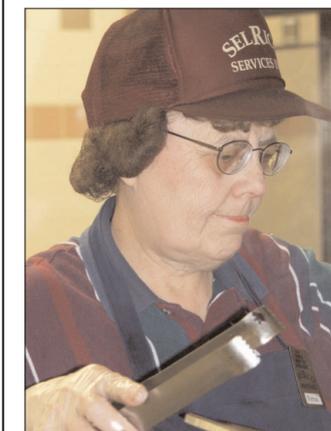
Security-cyber-warfare is alive and well. Ensuring we have the latest security patches is critical to ensuring we have a healthy and functioning local area network.

- **Lt. Col. Laurie Lise, 319th CS commander**

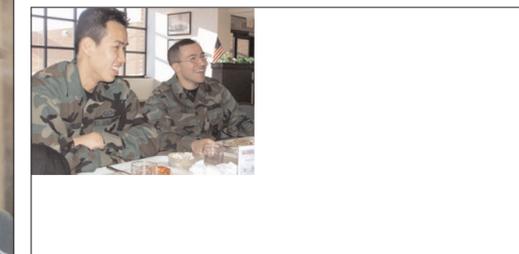
## What's your resolution for the new year?



Photos by Airman Patrice Clarke  
(Left to right) (1) Senior Airman Juan Orozco - "Take more classes and start a workout plan." (2) Airman Basic Jorge Gomez - "Stay out of trouble and provide my squadron with what is expected of me." (3) Senior Airman Henry Franco - "Complete Airman Leadership School, get my Community College of the Air Force degree and then finish my psychology degree." (4) Airman 1st Class Anthony Garcia - "Stop using profanity and stick with a workout plan."



(Left) Norma Ralston - "Try to get out of North Dakota."



(Above) (1) Airman Basic Young Lee - "Start college classes." (2) Airman Isaias Sanchez - "Save money for a car."



(Left) Jocelyn Allwood - "Get in shape."



(Right) Airman Nicole Williams - "To have a better year than last year."



Photo by Christine Davis

## Trip winner

Mr. Rick Howard, Northern Lights Club manager, and Col. Mark Ramsey, 319th Air Refueling Wing commander, present Staff Sgt. Patricia Johnson, 319th Aeromedical Dental Squadron, with her third place award in the Air Mobility Command "Travel the World On Us" 2003 program membership drive. Sergeant Johnson won a \$1,000 travel package.

**CHALLENGE OF THE AIR FORCE:** If you excel in boxing, bowling, cross country, golf, fencing, rugby, shooting, tae kwon do, triathlon, racquetball, track and field, wrestling, marathon or men's and women's basketball, soccer, softball or volleyball, try out for Meet the Challenge of the Air Force Sports Program.

Go to the sports and fitness center for this year's calendar of events and to pick up an application.

Applications must be received 45 days prior to event.

Call 747-3384 for more information or visit [www.usafsports.com](http://www.usafsports.com).

**BOOK DRIVE:** Jan. 16 is the Torch Club's Book Donation Drive at Liberty Square.

Bring a book to donate and receive \$1 off skate admission.

**MADDEN TOURNAMENT:** There will be a Madden Tournament Jan. 17 from noon to 4 p.m. at The W.A.R. Center.

The cost is \$5 per person and there is a 32- person limit.

There will be trophies and prizes for the first three places. You must be 17 years of age or older to participate.

For official rules and to sign up come by outdoor recreation.

**PRETEEN SLEDDING TRIP:** Outdoor recreation is sponsoring a pre-teen sledding trip to Turtle River State Park for ages 6 to 12.

The trip departs at 1 p.m. from the youth center and returns at 4 p.m.

Cost is \$3 and youth must sign up by Jan. 20.

Youth will need a sled, warm clothing, and a signed parent permission slip.

For details call 747-3150.

**WINNIPEG SHOPPING:** Outdoor recreation is sponsoring a trip to Polo Park Centre Jan. 24, departing at 8 a.m. and returning the same evening.

The cost is \$17.50 per person. Participants must sign up by close of business Jan. 22.

For details, call 747-3688.

## Today

**PASTA BAR:** The Northern Lights Club offers a "pasta bar" along with the day's hot entree during lunch from 11 a.m. to 1 p.m.

**CLUB DINING:** The Northern Lights Club offers a sirloin steak special tonight from 5:30 to 8 p.m.

**GOLF COURSE BREAKFAST:** The Plainsview Golf Course offers steak and egg day every Friday from 7 to 11 a.m.

## Saturday

### SKATEBOARD PARK OPENS:

Skate Park Guidelines:

- ☐ Skateboard Park training and certifying every Friday night for all ages.
- ☐ Youth under 10 years of age must be accompanied by a parent or guardian at least 16 years of age.
- ☐ All users must have helmet, elbow and knee pads, gloves and sturdy footwear to skate.
- ☐ All users must have a released, hold harmless and identification agreement on file to skate.
- ☐ Cost of the skateboarding is \$2 for one hour of skating.
- ☐ Walk-ins will be possible if not booked on Fridays between 6 and 10 p.m.

For details call the youth center at 747-3150.

**ICE FISHING:** Outdoor recreation is sponsoring an ice fishing trip Saturday, departing at 7 a.m. to one of the area lakes.

The cost is \$10 a person which includes transportation, ice shanty with heater, use of auger, bait and equipment if needed, but does not include fishing license.

Participants must dress according to the weather, and bring something to eat and drink.

**CLUB KARAOKE:** The Northern Lights Club offers karaoke from 10 p.m. to 3 a.m.

**CLUB DANCING:** The Northern Lights Club offers dancing from 10 p.m. to 3 a.m. to 'club mix' music with "DJ 'C."

## Sunday

**SUNDAY BRUNCH:** The Northern Lights Club offers Sunday brunch from from 10:30 a.m. to 1:30 p.m.

There is a \$3 members first discount.

## Monday

**GOLF COURSE LUNCH:** The Plainsview Golf Course offers barbeque chicken with mashed potatoes and corn for lunch from 11:30 a.m. to 1 p.m.

## Tuesday

**PARENT/TOT PLAYGROUP:** Parent-tot playgroup is held every Tuesday at Liberty Square from 10 a.m. to noon for ages 2 to 5.

**TORCH CLUB MEETING:** Torch Club meetings are Tuesdays from 6 to 7 p.m. at the youth center.

**KEYSTONE CLUB MEETING:** Keystone Club meetings are on Tuesdays from 7 to 8 p.m. at the youth center. Keystone Clubs are for Boys and Girls Club members 14 to 18 years old.

## Wednesday

**CLUB DINING:** The Northern Lights club offers an "all-you-can-eat-taco" Bar from 5:30 to 8 p.m. Cost is \$6.

## Thursday

**TRAVELING BASKETBALL REGISTRATION:** Dec. 15 through Jan. 15 2004 is traveling basketball registration.

Anyone interested in participating on a traveling basketball team can sign up at the Youth Center.

The traveling teams are for both boys and girls in grades 6, 7, 8, and 9.

Cost is \$37 and youth must have a current physical. Coaches are also needed.

## Upcoming



# 319th Services

# spotlight

VOLUME 3 ISSUE 1 - JANUARY 2004

## Don't miss out on all the fun . . .

Youth activities, sleigh rides, a FREE lunch and more!

### WINTER BASH

### FUN GALORE... IN 2004

GRAND FORKS AFB, ND

## Saturday, February 21



**FUN FOR ALL!**  
Friends, Families  
& Squadrons!

Ready,  
set, go...  
Get those  
Smooching  
& Frosty  
Boat  
teams  
ready!



### SMOOSHING

Held in the Liberty Square area! Pick up the rules and materials at the Community Center, 747-6104.



### FROSTY BOAT RACE

Held at the Base Pool in the Field House! Pick up the rules and materials at the Youth Center, 747-3150.

### take notice . . . Swim Classes

The Aquatic Center will be offering this *Parent/Infant or Parent/Toddler* classes Jan. 14 from 5:30 to 6:30 p.m. on Wednesdays for eight weeks. The cost is \$30 for the first child and \$5 discount for each additional child. There must be one parent or guardian, 18 years or older for each child. Parents will be in the water with their children. For any additional information or to sign up, contact Outdoor Recreation, 747-3688.

### Skills Development Center Frame Classes

Jan. 24 from 10 a.m. to 5 p.m.  
Jan. 27 - 29 from 1:30 to 4:30 p.m.  
Costs for each is \$20 plus supplies; also bring a picture to frame.

### Beginning Crocheting

Jan. 21 and 28 from 1 to 4 p.m. Cost is \$15 plus supplies.

### Log Cabin Heart Quilt

Jan. 21 and 28 from 10 a.m. to 1 p.m. Cost is \$15 plus supplies.

### New Prints

There are new Rick Kelley "Freedom Fields" prints available.

### Discounts

Now through Jan. 17, 25% off all silk flowers  
Jan. 20 - 31, 25% off cross stitch linens

### Holiday Hours

Jan. 19 closed, Martin Luther King Day  
For class registration and any additional information come by or call the Skills Development Center, 747-3482.

### Library Offers new material

The library has recently acquired over 20 varieties of language material. Some examples are *Beginner's Arabic Script*, *Hungarian-English/English-Hungarian (Concise Dictionary)*, *Tajik-English/English-Tajik Dictionary & Phrasebook* - come by the library and have a look. Or if you have any questions call, 747-3046.

### Basewide Garage Sale

The Community Center will be hosting a basewide garage sale Jan. 31 from 8 a.m. to 3 p.m. Registration fee is \$10 per table. Any items can be sold, as long as it is not regulated by the state ie guns, alcohol, or in home business products. Contact the Community Center, 747-6104.

**A special thanks goes to our wonderful sponsors of this year's Winter Bash!**



SPONSORS



No Federal endorsement of sponsors intended.

The 'services spotlight' is a monthly supplement to the Leader of Grand Forks Air Force Base, United States Air Force. The contents of the 'services spotlight' do not constitute endorsement by DOD, the Department of the Air Force or the Grand Forks Herald. Everything advertised is available without regard to race, color, religion, sex or other non-merit factors of the purchaser, user or patron.  
The 'services spotlight' is produced by the Marketing/Publicity Office, 319 SVS/SVK, 784 Eielson Street, Grand Forks AFB, North Dakota, 58205-6631.



www.gf-services.com

**319th Services Commander:**  
Major Elizabeth A. Demmons  
**Marketing Director/Commercial Sponsorship Events Coordinator:**  
Julie McWalter  
**Editor/Design:** Christine Davis

### UPS Move

The base UPS drop-off location will be moving Jan. 12 from Outdoor Recreation to the Community Center. There will still be the full range of services offered. For more information, contact the Community Center at 747-6104.

**Sledding Trip**

Outdoor fun at Turtle River State Park Jan. 24 for ages 6 - 12. Departure will be at 1 p.m. from the Youth Center and will return to the Youth Center at 4 p.m. Cost is \$3; sign up by Jan. 20, need 10 to hold. Youth will need a sled, warm clothing and a signed parent permission slip.

**Blueberry Pancake Feed**

The Torch and TeenSupreme Clubs will be hosting a pancake supper January 28 - in honor of National Blueberry Pancake Day. Open to all ages from 5:30 pm to 7 pm at the Youth Center. Cost is \$2.50 per person. Proceeds will benefit the Torch and TeenSupreme Programs.

**"Planet Pizza" Trip**

Come and enjoy an afternoon at Planet Pizza Jan. 31 for ages 6 - 12. We will depart at 12:30 p.m. from the Youth Center and return at 4 p.m. Cost is \$10; cost includes transportation, pizza, and sodas. Game tokens and Lazer Blast are extra. Sign up by Jan. 26 and will need a parent permission slip; 15 participants are needed.

**NEW EPT Program**

A New Educational Program has started on Monday's, "Goals for Growth" for ages 8 - 12 from 4:15 to 5 p.m. at the Youth Center. This is a goal setting program that contains ten sessions and is made up of three components:

- Small group discussions and activities
- Individual Coaching
- Recognition Activities

The curriculum leads members through a process that paves the way to positive self-esteem and self-directed goal setting. "Goals for Growth" is replacing the Goals for Graduation Program. Youth must register to attend.

**WEEKLY NOTES**

**Tuesdays - Parent/Tot Playgroup**, for ages 2 - 5 from 10 a.m. to noon at Liberty Square. **Torch Club**, for ages 11 - 13, 6 p.m. at the Youth Center. **TEENSUPREME**, for members ages 14 - 18 years old, 7 p.m. at the Youth Center.

**Wednesdays - Fine Arts Program**, for ages 6 - 12 from 6 to 7 p.m. and ages 13 - 18 from 7 to 8 p.m.

**Fridays - Open Skating**, for ages 6 - 18 from 6 to 10 p.m. at Liberty Square. Admission cost: \$3, skate rental: \$2. Snack bar hours: 6 to 10 p.m. Roller

Blades may be used. Ask us about our special Family discount rates! **Teen Center**, for ages 13 - 18 from 6 to 11 p.m. **Saturdays - "3 on 3" Basketball Games**, for ages 9 - 12 at 7 p.m. and ages 13 - 18 at 9 p.m. Youth pick their own teams of three. Two Sessions - September/October and November/December, a total game win Champion awarded for each session. Youth must sign up 15 minutes prior to start time.

For questions on any of these weekly programs contact the Youth Center.

**ESSAY CONTESTS**

**National Compliment Day** - Jan. 23. Write an essay on who you most admire and why! For ages 6 and up - ages 6 - 8, 50 words or more and ages 9 and up, 100 words or more. Essays need to be turned in by Jan. 22 and will be posted at the Youth Center on Jan. 23.

**National Cigarette Hazardous Day** - Jan. 11. Youth ages 6 - 8, write 50 words or more; and ages 9 and up write a 100 word or more an essay on the "Dangers of Smoking". Essays must be turned in by Jan. 10 and will be displayed Jan. 11 at

**Get ready for the Base Talent Show!**

Registration for the Talent Show is Jan. 15 through 31 at the Youth Center. There will also be a talent show meeting Jan. 14 at 5:30 p.m. at the Youth Center for anyone interesting in participated in this years show.

Performance categories are as follows:

- Parent and Youth Team
- Husband and Wife Team
- Children, ages 3-5

- Children, ages 6-8
- Preteen Solo Act
- Preteen Group Act
- Teen Solo Act, ages 13-15
- Teen Group Act, ages 13-15
- Teen Solo Act, ages 16-18
- Teen Group Act, ages 16-18
- Family

Dates on the Talent Show will be announce later. For any additional information contact the Youth Center.

**SKATEBOARD PARK OPENING**

**Jan. 10 at Liberty Square from 1 to 3 p.m.**

- ✓ Skateboard Park training and certifying every Friday night for all ages.
- ✓ Youth under ten must be accompanied by a parent or guardian at least 16 years of age.
- ✓ All users must have helmet, elbow & kneepads, gloves and sturdy footwear to skate.
- ✓ All users must have a Released, Hold Harmless and Identification Agreement on file to skate.
- ✓ Cost will be \$2 for one hour of skating.
- ✓ Reservations will have to be made at Liberty Square between 4 and 7 p.m. Mon. through Thur. (starting Jan. 16) for Fri. skating.
- ✓ Walk-ins will be possible if not booked on Fri. between 6 and 10 p.m.

Any additional information contact the Youth Center, 747-3150.

- All users must have the proper paperwork on file and all safety equipment necessary to skate before entry to the park will be allowed. -



**Make a difference in a child's life . . .  
Seek a career in early childhood**

**BENEFITS -**

- Add to the family's income without working outside the home
- Caring for the children of neighbors and friends
- Minimum start up costs, only the price of insurance
- Training provided along with CPR and fire safety

The Family Child Care Office is located in Bldg. 621 on Eielson Street, entrance on the north side of the building. For more information on Family Child Care come by or call, 747-3158.



**OEF Activities & Events for January**

**Fine Arts**

- Jan. 16 7:30 p.m. **UND Music Ensembles Showcase Concert - FREE**
- Jan. 18 3 p.m. **Honor Band, Choir & Orchestra Festival Concert - \$5/\$3**

**Women's Basketball**

- Jan. 16 6 p.m. **South Dakota, Ralph Engelstad Arena**
- Jan. 17 6 p.m. **Nebraska-Omaha, Ralph Engelstad Arena**

**Women's Hockey**

- Jan. 18 2:05 p.m. **Bemidji State, Ralph Engelstad Arena**
- Jan. 23 7:05 p.m. **Wayne State, Ralph Engelstad Arena**
- Jan. 24 2:05 p.m. **Wayne State, Ralph Engelstad Arena**
- Jan. 31 2:05 p.m. **Findlay, Ralph Engelstad Arena**

**Men's Basketball**

- Jan. 16 8 p.m. **South Dakota, Ralph Engelstad Arena**
- Jan. 17 8 p.m. **Nebraska-Omaha, Ralph Engelstad Arena**

Look for details of other upcoming events and activities in your Base Leader, Channel 3 and Daily Admin Messages. Also, checkout the links to the Fighting Sioux, The Ralph, Dakota Science Center, Visitors Bureau, and the North Valley Arts Council on the Services web site, www.gf-services.com.

Availability of all activities and events are subject to change. Tickets are on a first come first serve basis for active duty, reserve and guard on active duty and their family members. *Acquire your tickets from the Community Center, 747-6104.*



**Looking for something to do? Take a look & enjoy these events!**

## Trips and events

If you don't see something below that interests you, we have a program called *Design-A-Tour*. Just find six friends - tell us what you'd like and we'll put together a fun trip!

### Ice Fishing Trips

Saturday, Jan. 10 and 31

Depart at 7 a.m. from Outdoor Recreation

Cost is \$10 per person; includes transportation, ice shanty w/heater, auger, bait and equipment (if needed). Fishing license not included.

Note: Participants must dress according to the weather, and bring something to eat and drink.

### Madden Tournament

Saturday, Jan. 17 at the W.A.R. Center

from noon to 4 p.m.

Entry Fee is \$5 per person, 17 years and older

There is a 32-person limit with trophies and prizes for the first three places.

**Rules:** Double elimination, "straight play" with teams and players provided by the game itself. No cheat codes, no all-star teams, no player trading and no player creation. For official rules and sign up come by Outdoor Recreation.

### Winnipeg Shopping

Saturday, Jan. 24

Depart at 8 a.m. from Outdoor Recreation

Cost is \$17.50 per person for transportation

Spend an enjoyable shopping day at Polo Park Centre - featuring stores as Talbot's, Harry Rosen, Bombay Co. and Dianiadown Quilts.

Sign up Jan. 22.

### SERVICES OFFERED

**Boxes for sale** - Current sizes/prices are: small/\$1.30, medium/\$2.00, large/\$2.40, dish pack/\$7.50, wardrobe/\$8.80, hanger bar for wardrobe box/\$1.40.

**Small Engine Repairs** - Engine mechanic can do all your small engine repairs. If your snow blower is not in running condition, have us look at it before the snow flies. Bring it to us and have it tuned up.

**Chain Saws for Rent** - We have two chain saws available for rent. Each rents for \$30 per day and comes complete with saw and carrying case, safety goggles, safety chaps, file, chain lube and one-gallon gas.

**Auto Car Carrier & Tow Dolly** - Outdoor

Come aboard Outdoor Recreation's Ski Express!

### 2003-2004 Schedule

#### January 2004

Buena Vista ..... Jan. 10  
Holiday Mountain ..... Jan. 17  
Andes Tower ..... Jan. 24  
Winter Park ..... Jan. 31

#### February 2004

Frost Fire ..... Feb. 7  
Buena Vista ..... Feb. 14  
Giants Ridge ..... Feb. 21  
Frost Fire ..... Feb. 28

#### March 2004

Frost Fire ..... Mar. 6  
Buena Vista ..... Mar. 13  
Giants Ridge ..... Mar. 20  
Andes Tower ..... Mar. 27

**Ask us about our trip prices, easy rentals and ski edge and wax service.**

Recreation has a full Auto Car Carrier and tow dolly available for local rental use only. Cost is \$35 per day. A full size pickup is needed with Class III or V hitch, electric brake controller, and 2 5/16" ball for renting the car carrier.

**ND Hunting and Fishing Licenses** - 2003-2004 North Dakota Hunting and Fishing Licenses are available at Outdoor Recreation. By law, you must have present your hunter safety certificate upon purchasing your hunting license.

**Ice Fishing Equipment** - We have two- and four-person Frabill portable ice shanties, 10" Jiffy ice augers portable sunflower-type propane heaters and assorted ice fishing equipment.

# SKI BRIDGER BOWL!

## FEB. 16 TO 21, 2004

(President's Day Holiday is Feb. 16)

*Ski* MONTANA

with

OUTDOOR

RECREATION

THIS SEASON!

**\$325 PER PERSON**

includes 3 days of skiing with hotel accommodations & transportation

**Free Ski Rental Package Provided!**

Come by Outdoor Recreation to Sign up 747-3688  
784 Eielson Street

**We Accept Club Cards!**

**BRIDGERBOWL.COM**

A Minimum of 10 People must Register by Jan. 25, 2004 for the Trip to Go!

\*A full refund will be available until Jan. 25, 2004 in the event of a cancellation. After this date, only the \$40 transportation fee will be refunded

OUTDOOR RECREATION - 747-3688

# Northern Lights Club

GRAND FORKS AFB  
747-3392

HAPPY  
NEW  
YEAR!  
2004

# JANUARY 2004

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<b>PASTA BAR</b> everyday for lunch!				1	2	3
<b>Thursday &amp; Friday Evening Dining SPECIALS!</b> 12 oz. Ribeye \$12.75; 8 oz. Sirloin \$10.50; 20 oz. Sirloin \$13.75; 8 oz. Charbroiled Chicken \$9.50 Children's Menu available!				<b>CLOSED</b>		<b>SATURDAY NIGHTS!</b> Open To All Ranks!
4	5	6	7	8	9	10
 <b>SUPER SUNDAY BRUNCH</b> 10:30 am to 1:30 pm every week!	<b>LUNCH*</b> 5-Chef's Choice 12-Chef's Choice 19-CLOSED 26-Chef's Choice	<b>LUNCH*</b> 6-Baked Chicken 13-Turkey Roast 20-Baked Chicken 27-Turkey with trimmings	<b>LUNCH*</b> 7-Roast Buffalo 14-Beef tips 21-Meatloaf 28-Bake Ham	<b>LUNCH*</b> 8-Pork Chops 15-Sausage & Kraut 22-Pork/Beef Roast 29-Wiener Schnitzel	<b>FRIDAY LUNCH*</b> Seafood Buffet	 5 pm to 3 am   10 pm to 3 am  <b>Late Night Club Mix</b> 10 pm to 3 am
	11	12	13	14	15	
18	19	20	21	22	23	24
	Martin Luther King Jr.'s Birthday! NO LUNCH	<b>FREE Pool Tuesdays!</b>	<b>Wednesday Dining SPECIAL!</b> "All-You-Can-Eat-Taco Bar" \$6.00 5:30 to 8 pm	<b>Steak Night!</b> EVERY THURSDAY & FRIDAY 5:30 to 8 pm See top for prices!	<b>MEMBERS SPECIAL!</b> \$1 Lunch Day	<b>TGIF</b> Every Friday 5 pm
25	26	27	28	29	30	31
In the Sports Bar <b>Fo tball Frenzy</b> Sundays and Mondays!		Ask us about the benefits!	<b>Members First</b>	<b>Member's First DISCOUNT!</b> Lunch \$2 off - Dinner \$3 off - Sunday Brunch \$3 off		

**Airmen . . .**  
Have you been to **YOUR Airmen's Center?**

**Come by check it out!**  
Across from Auto Skills!

**HOURS**  
Monday-Thursday  
8 am to 10 pm  
Friday & Saturday  
8 to 3 am  
Sunday, noon to 10 pm

**SNACK BAR HOURS**  
Monday-Thursday  
5 to 10 pm  
Friday & Saturday  
5 to 3 am  
Sunday, noon to 10 pm  
**Great menu!**

**Take Note Of . . .**  
**MADDEN Tournament**  
Jan. 17 at noon  
**HERE!**

See ODR page 3 for details.

**The W.A.R. Center**  
Warrior Airmen  
Recreation Center

sunday monday tuesday wednesday thursday friday saturday

<b>january happenings at the plainsview golf course</b>				1	2	3
				<b>CLOSED New Year's</b>		
4	5	6	7	8	9	10
<b>CLOSED SUNDAYS</b>		<b>INTRAMURAL SIMULATOR GOLF</b> 9 am and 1 pm	<b>MONOGLIAN BBQ</b>	<b>Join us for STEAK &amp; EGGS BREAKFAST SPECIAL</b>	<b>CLOSED SATURDAYS</b>	
	11		12	13		14
	<b>BBQ CHICKEN</b> Mashed Potatoes & Corn	<b>INTRAMURAL SIMULATOR GOLF</b> 9 am and 1 pm			<b>CLOSED SATURDAYS</b>	
18	19		20	21		22
	<b>CLOSED</b> Martin Luther King's Birthday	<b>INTRAMURAL SIMULATOR GOLF</b> 9 am and 1 pm	<b>MONGOLIAN BBQ</b>	<b>Join us for STEAK &amp; EGGS BREAKFAST SPECIAL</b>	<b>CLOSED SATURDAYS</b>	
25	26		27	28		29
	<b>BBQ CHICKEN</b> Mashed Potatoes & Corn					

## PuttersSnack Bar

**Daily Breakfast - 7 to 11 am**

**Lunch - 11:30 am to 1:30 pm**

**Daily Soup Specials**

Chicken Tortilla, Chicken Noodle, Vegetable Beef, Chili, Split Pea & Ham

Have a go on our **Golf Simulator**

\$5 per hour from 8 am to 4:30 pm  
Call 747-4279 for a tee time!

**After New Year's Sale!**

**At The Pro Shop**

Come by for some great deals!

15% OFF Clubs, Shoes, Gloves and Windbreakers!

747-4279



Plainsview  
Golf Course

Grand Forks AFB, North Dakota

**DON'T FORGET TO GET YOUR BREAKFAST/LUNCH PUNCH CARDS!  
BUY TEN GET THE 11TH FREE!**